



# May Fresh Fruit & Vegetable Program

## DID YOU KNOW?

Strawberries are in season during the spring & summer! This delicious fruit is rich in Vitamin C and helps protect against illness.

Try strawberries on May 26th!



Scan the QR code to learn more about fruits and veggies!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3 <ul style="list-style-type: none"> <li>radishes</li> <li>italian dressing</li> </ul>	4	5 <ul style="list-style-type: none"> <li>orange wedges</li> </ul>
8	9	10 <ul style="list-style-type: none"> <li>peppers</li> <li>ranch dressing</li> </ul>	11	12 <ul style="list-style-type: none"> <li>blueberries</li> </ul>
15	16	17 <ul style="list-style-type: none"> <li>broccoli</li> <li>italian dressing</li> </ul>	18	19 <ul style="list-style-type: none"> <li>diced watermelon</li> </ul>
22	23	24 <ul style="list-style-type: none"> <li>celery sticks</li> <li>ranch dressing</li> </ul>	25	26 <ul style="list-style-type: none"> <li>strawberries</li> </ul>
29 no school	30	31 <ul style="list-style-type: none"> <li>cucumber slices</li> <li>italian dressing</li> </ul>	6/1	6/2 <ul style="list-style-type: none"> <li>pineapple</li> </ul>